



CAREER EXPLORATION

Does this excite me?

**IS THIS SOMETHING I MIGHT
LIKE?**

What are the barriers?

**WHAT WOULD STOP ME FROM
PURSUING THIS?**

What skills do I need?

**WHAT DO I BRING TO THIS
ROLE?**

Position

Income/Benefits?

**HOURS AND WORK/LIFE
BALANCE?**

What are the PRO's ?

WHAT ARE THE CON'S?

Is this a Plug and Play job?

**WHAT TRAINING OR EDUCATION
DO I NEED?**

Does it align with my values?

**DO MY PERSONALITY TRAITS
FIT WITH THIS?**

Would I be proud of myself in
this role?

**DOES THIS HELP TO BRING ME
CLOSER TO MY END GAME?**



Career Exploration Instructions

1. Brainstorm a list of possible jobs.
2. Print out the list of questions.
3. Answer all of the questions for each job.
4. Answer each question for every position.
5. Review all of your answers.
6. Ask yourself which job excites you the most.
7. Rank the jobs in order of interest.

Career Exploration Questions

What is the position I am considering?

Does this position interest and excite me?

What skills do I need for this role? What do I bring to this role?

What are the Pros/Cons to this position?

Does it align with my values? If so, how?

Do my personality traits fit with this position?

Would I be proud of myself in this position?

Does this position fit into my end game?

Do I need additional education or training for this role?

Does the salary and benefits line up with what I want?

Would this job offer the work/life balance that I'm looking for?

What are some of the barriers and what would get in the way of me pursuing this?

